

## Hamlin Hammerheads Policies – 2025

1. To participate on the team, you must either own property or rent a home in Hamlin Plantation. Grandchildren of Hamlin Plantation property owners are also allowed to participate on the team.
2. 8 & under participants must be able to swim the entire length of the pool at tryouts. 9 & above participants must be able to swim at least 2 lengths of the pool at tryouts. Team tryouts are mandatory for first year swimmers. Tryouts are not required for returning swimmers. If you have recently moved to Hamlin Plantation and your child has swam before on another team, please contact Paige Hall at [hamlinplantationswimteam@gmail.com](mailto:hamlinplantationswimteam@gmail.com).
3. Practice:
  - We encourage all swimmers to attend at least 2-3 practices per week. Practice will help your swimmer improve and ensure they are safe in the water (especially for our younger swimmers).
  - We also encourage our younger swimmers to attend majority of their practices in the morning once school is out. The practices in the afternoon once school is out are for all ages which makes it difficult to work with our younger swimmers.
  - Year-round swimmers may practice with their year-round teams, however we encourage them to attend at least 2 practices with Hamlin per week.
4. Swim meets would not be possible without our great parent volunteers. Parents are required to volunteer/sign up for 3 meets. Volunteer signups are managed through TeamUnify (our website). Any questions about volunteering contact Amanda Dolloff at [adolloff28@gmail.com](mailto:adolloff28@gmail.com)
5. If you have registered your child for a meet and your child does not show up, we reserve the right to not enter them in the next meet. If your swimmer is registered for the meet but does not show up, it affects our relay teams. This usually forces us to cancel the entire relay team which results in 3 other swimmers not being able to swim.
6. If you have signed up for a volunteer position and do not show up, we reserve the right to not enter your child in the next meet. If you are unable to attend the meet, it is your responsibility to find someone else to fill your volunteer position. Please let Amanda Dolloff know at [adolloff28@gmail.com](mailto:adolloff28@gmail.com) so she can make the change in TeamUnify.
7. Refunds – If your swimmer changes their mind about participating on the team after you have registered, the deadline for refunds of the registration fee is Friday, May 16th. Refunds for merchandise are not possible. Please contact Paige at [hamlinplantationswimteam@gmail.com](mailto:hamlinplantationswimteam@gmail.com) if you would like to request a refund.